

# Welcome!

Do you want to talk about family, health or integration?

**Join a discussion group!**

## What is a discussion group?

A small group of people who speak about different topics.

You speak in your language.

A moderator leads the conversation.

The group is located near you.



You get to know new people and you get valuable information. The offer is free. The atmosphere is friendly!



**Do you want to know more?**



**fem***mestISCHE*  
**männ***erTISCHE*